Brief biography for Dr. Maureen Allen BN CCFP-EM(PC) FCFP

Dr. Maureen Allen is an Emergency Department Physician practicing in rural Nova Scotia. She’s been a health care professional for 36 years beginning her professional career as a nurse. She completed her medical degree and family medicine residency training at Memorial University in Newfoundland in 1991 and later completed her added competency’s in emergency medicine and palliative care. She is actively involved in continuing education programs and provides clinical support to rural Nova Scotians living with chronic pain, substance use disorders and end-of-life.

She has published on the use of atomized methadone buccally at the end of life and a framework for addressing complex pain and addiction delivered through the emergency department. Dr. Allen has been actively involved in the development of an opioid treatment program for her community and provides clinical support to colleagues managing complex pain and substance use disorders.